

Keyboard Systems

Humanscale®

The image shows three ergonomic keyboard systems arranged on a white desk. Each system consists of a black keyboard with a wrist rest, a white mouse on a black mouse pad, and a black mouse pad. The systems are mounted on a black adjustable tray that can be raised or lowered. The background is a plain white wall.

"A decade of ergonomics research shows that using a negatively sloped adjustable keyboard tray maximises the time spent working in neutral hand, wrist and upper body postures. These postural benefits can't be achieved by just using a keyboard on a height-adjustable work surface."

—Professor Alan Hedge, Cornell University





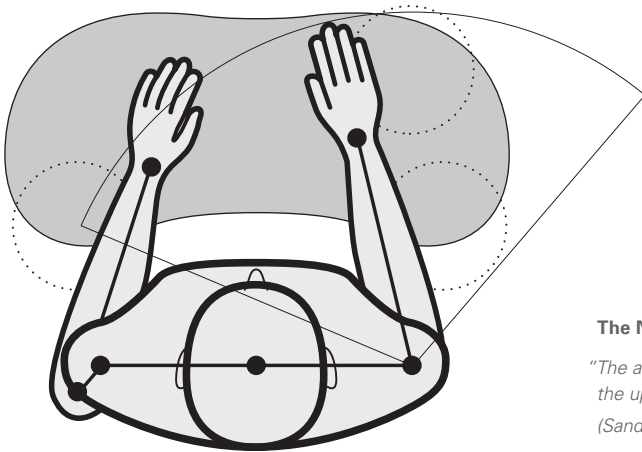
Without a keyboard support

- User hunches forward
- Wrists extended
- No chair support
- Risk of carpal tunnel syndrome and neck, shoulder and back pain



With a keyboard support

- Relaxed upper body
- Straight wrists
- User's back engaged with chair
- Neutral, low-risk, sustainable posture



The Neutral Reach Zone

"The area that can be conveniently reached with a sweep of the forearm while the upper arm hangs in a natural position at the side."

(Sanders & McCormick, 1993)

Humanscale keyboard systems ensure nearly all users can work consistently within their Neutral Reach Zone to maintain a low-risk posture.

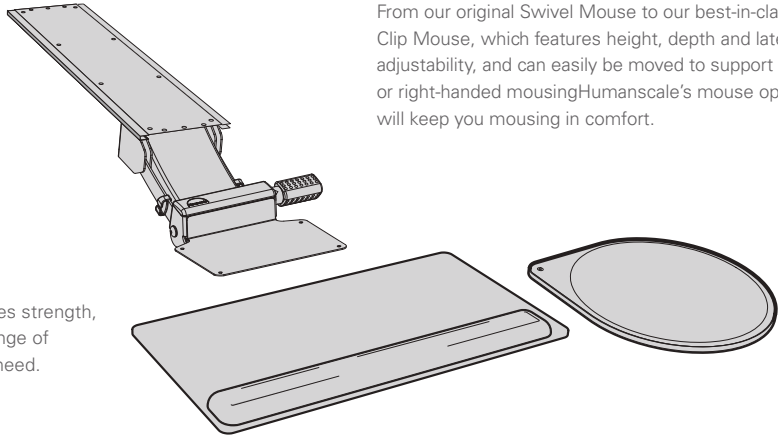
Keyboard Components

Mechanisms

Humanscale offers nine award-winning, negative-tilt mechanism options, from our 5G, to our 5G, which combines easy dial-a-tilt and height adjustability with the strongest, most stable arm on the market. All of our mechanisms encourage low-risk typing postures and feature easy and intuitive adjustability.

Keyboard Platforms

Made of 6mm (1/4") phenolic resin, which combines strength, durability and a slim profile, Humanscale's wide range of keyboard platform options will accommodate any need. Available with Technogel or foam palm supports.



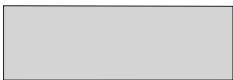
Mouse Platforms

From our original Swivel Mouse to our best-in-class Clip Mouse, which features height, depth and lateral adjustability, and can easily be moved to support left- or right-handed mousing, Humanscale's mouse options will keep you mousing in comfort.

Desk Configuration Compatibility Guide

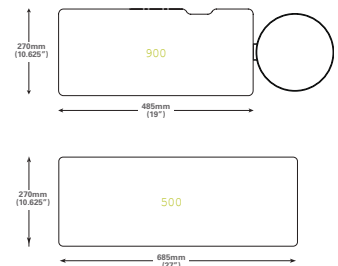
Humanscale Keyboard Systems offer mix-and-match components for a custom solution to virtually any desk situation. Here are a few recommended platform options for some of the most common desk configurations. Consult your Humanscale rep for the Keyboard System solution that's right for you.

Straight Desk Configuration

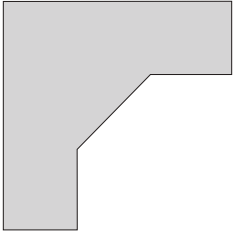


Recommended Platforms

- 900 Standard keyboard platform with Clip Mouse *shown*
- 500 Big keyboard platform *shown*
- 950 Standard Compact keyboard platform with Clip Mouse
- 550 Big Compact keyboard platform

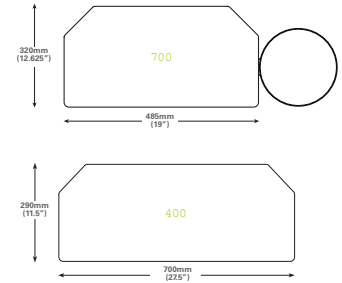


Diagonal Desk Configuration

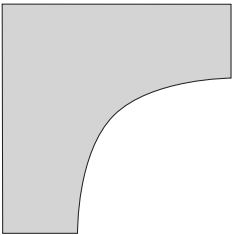


Recommended Platforms

- 700 Diagonal keyboard platform with Clip Mouse *shown*
- 400 Diagonal Big keyboard platform *shown*
- 900 Standard keyboard platform with Clip Mouse
- 950 Standard Compact keyboard platform with Clip Mouse

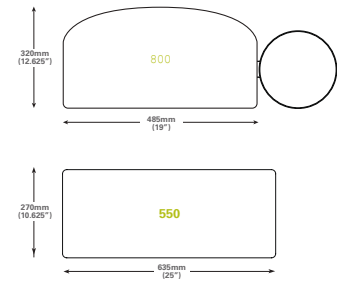


Radiused Desk Configuration

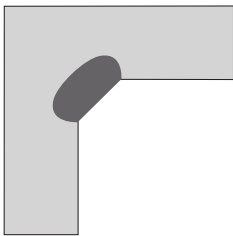


Recommended Platforms

- 800 Radiused keyboard platform with Clip Mouse *shown*
- 550 Big Compact keyboard platform *shown*
- 900 Standard keyboard platform with Clip Mouse
- 950 Standard Compact keyboard platform with Clip Mouse

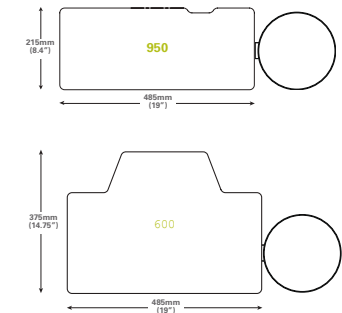


90-Degree Desk with DE200 Corner Sleeve Configuration



Recommended Platforms

- 950 Standard Compact keyboard platform with Clip Mouse *shown*
- 600 Extender keyboard platform with Clip Mouse *shown*
- 700 Diagonal keyboard platform with Clip Mouse
- 900 Standard keyboard platform with Clip Mouse





Creating a more comfortable place to work

Humanscale®

www.ds-ergonomics.com/humanscale